

# The Honest Mom's Guide To Motherhood

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- ★ Be Prepared For The Mess
- ★ Learn To Live Without Sleep
- ★ Germs Are Beneficial (Sort Of)
- ★ Understand Who Is Really In Charge (It's Not You)
- ★ Have Someone You Can Count On (Mom Squad Unite!)
- ★ Take The Picture (But Be In It!)
- ★ Don't Sweat The Small Stuff
- ★ Drink The Wine
- ★ Remember You're Still Your Own Person
- ★ It's Okay To Lose Your Shit

